

CLAIMS

Although the invention has been described using certain preferred embodiments, it is understood that variations within the scope of the following claims are possible without departing from the spirit of the invention.

I claim:

- B1
- 1- A nutrient holding device for treating and /or preventing physical problems associated with postural disequilibrium which consists of an article adapted to contact the body, said article incorporating a waterproof enclosure containing at least one nutritional supplement.
 - 2- A nutrient holding device according to claim 1 wherein said device is a locket worn around the neck adapted to lie on the chest or solar plexus.
 - 3- A nutrient holding device according to claim 1 wherein said device is a hat band holding the nutrients in a waterproof housing.
 - 4- A nutrient holding device according to claim 1 where said device is a pedal device which is an inner sole consisting of two semi-rigid fabric layers bonded together around a waterproof housing containing the nutrients.
 - 5- A nutrient holding device according to claim 1 where said device is a belt where the nutrients are held in a waterproof plastic insert between two pieces of leather allowing the nutrients to be held next to the subjects waist
 - 6- A nutrient holding device according to claim 1 where said device is jewelry which is hollow and contains the nutrients.
 - 7- A nutrient holding device according to claim 1 where the device is a hollow waterproof fiber (into which nutrients are placed) which is woven into clothing thereby affording the envisioned therapeutic effect while wearing said clothing.
 - 8- A nutrient holding device according to claim 1, where in said nutrient is in the form of a solid, powder, gel or liquid.
 - 9- A nutrient holding device according to claim 1 where said device is furniture (mattress and chairs) with outer padding containing a waterproof chamber that contains nutrients so that the envisioned therapeutic effect is afforded while resting.
 - 10- A nutrient holding device according to claim 1, where the nutrients are three

tablespoons of blue green algae powder.

11- A nutrient holding device according to claim 1, where the nutrients are one tablespoon of a heterogenous mixture of vitamins and minerals, one tablespoon of mixed glandular extracts and one tablespoon of blue- green algae.

12- A nutrient holding device according to claim 1 where the nutrients consist of 3 tablespoons of a heterogeneous mixture of vitamins and minerals.

B1. 13- A nutrient holding device according to claim 1 where in said nutrients are selected from vitamins, minerals, blue green algae, protomorphagens, glandulars, amino acids, herbs enzymes, and derivations there of.

14- A treatment or preventative method for the correction of physical problems associated with structural disequilibrium which comprises placing a nutrient holding device on the person in need of correction, allowing the nutrients to then stimulate proprioceptive reflex zones located at the proximity of the placement of said devices, resulting in increased muscle tone and corrected posture that is afforded continually while wearing said device.

15- The method according to claim 14 where placement of the device occurs at the circumference of the head, the chest, the solar plexus, the umilicus, the right and left shoulder, lower back or the soles of the feet.

16- The method according to claim 14 where placement of the device is at the proximity of clothing that the nutrients have been incorporated into the weave thereof.

17- A nutrient holding device in the form of veterinary apparel according to claim 1 where the envisioned therapeutic effect is afforded to animals by having the animals wear the nutrients covered in waterproof housing next to their epidermis. (i.e. horse blanket)

18- A method of improving muscle strength and endurance while conducting physical activities(exercise) by wearing the nutrient holding device during such activities.

19- A nutrient holding device that is a group of small diameter waterproof metal or ceramic hollow balls or chambers that is mixed with dental cement or amalgam to be used to fill a cavity, thus becoming a proprioceptive stimulating implant by stimulating the rich proprioceptive nerve ending of the jaw.
